

Wine v Water

In a number of carefully controlled trials, scientists have demonstrated that if we drink 1 litre of water each day, at the end of a year we would have absorbed more than 1 kilo of *E. coli* bacteria found in faeces. In other words, we are consuming 1 kilo of Poop.

However, we do not run that risk when drinking wine (or rum, whiskey, beer or other liquor) because alcohol has to go through a purification process of boiling, filtering and/or fermenting.

Remember:

Water = Poop

Wine = Health

Therefore, it's better to drink wine and talk stupid, than to drink water and be full of shit.

There's no need to thank me for this valuable information; I'm doing it as a public service